



# Child & Family

POLICY CENTER

**UNDER EMBARGO until Tuesday, September 25 at 12:01 a.m. ET**

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## **Iowa Missing Opportunities to Give Young Adult Parents and Their Kids a Boost**

*New Casey Foundation report illuminates needs and barriers facing Iowa's young parents and their children*

**DES MOINES** — With limited access to opportunities to advance their education and find family-sustaining jobs, Iowa's 28,000 young adult parents face hurdles to support their children and fulfill their own potential, according to *Opening Doors for Young Parents*, the latest KIDS COUNT® policy report from the Annie E. Casey Foundation.

The Casey Foundation's KIDS COUNT grantee in Iowa, Child and Family Policy Center, joined the call for action so these young parents can contribute to the state's communities and economy.

The fifty-state report reveals that, at 10 percent, Iowa is on-par with the national average (10 percent) of youth ages 18 to 24 who are also young parents.

The report highlights the following statewide trends and areas of concern:

- 36,000 children in Iowa have young parents ages 18 to 24.
- 65 percent of children of young parents in Iowa live in low-income families.
- 17 percent of young parents ages 18 to 24 have completed an associate degree or higher.
- 37 percent of Iowa's young parents are people of color, facing challenges exacerbated by discrimination and systemic inequities, with their children standing to suffer the most.

"It is extremely important that we have programs in place to support young parents," said Michael Crawford, Iowa KIDS COUNT Director and a Senior Associate at the Child and Family Policy Center. "It is vital that these parents have access to additional educational and job training opportunities, as well as health care for themselves and their children to ensure the family succeeds and the children thrive."

The report spotlights a national population of more than 6 million, including 2.9 million young adult parents, ages 18 to 24, and 3.4 million children nationwide living with young parents. *Opening Doors for Young Parents* illuminates the most common obstacles young adult parents face, including incomplete education, lack of family-sustaining employment opportunities, lack of access to quality child care, inadequate and unstable housing and financial insecurity.

These barriers threaten not only these young adults, but also their young children, setting off a chain of diminished opportunities for two of our nation's future generations. But the report includes recommendations for addressing the obstacles that young parents face, most of which can be driven by policy solutions at the state level.

The Casey Foundation stresses the importance of a two-generation approach to equip young parents for success. "If we don't support young people when they become parents, we are cheating two generations out of having a positive future," warned Casey Foundation President and CEO Patrick McCarthy. "We can help young adult parents develop the skills they need to raise their children, contribute to their communities, and drive our national economy forward."

Child and Family Policy Center further stresses the importance of helping the state's young parents access educational and employment opportunities. In an increasingly competitive workforce landscape, education can make a significant difference in earning power for families. However, as the data demonstrate, young adult parents here in Iowa, like young parents nationwide, do not have the post-secondary education or specialized skills to obtain family-sustaining jobs.

### **Release Information**

*Opening Doors for Young Parents* will be available September 25 at 12:01 a.m. EDT at <https://www.aecf.org/opening-doors-for-young-parents>. Reporters may request an embargoed copy beginning September 18.

### **About Iowa Kids Count**

Iowa Kids Count is affiliated with the Child and Family Policy Center of Des Moines, Iowa, and has produced Kids Count data at the county level and lower since 1991. The mission of the Child and Family Policy Center is, "to better link research and policy on issues vital to children and families."

### **About the Annie E. Casey Foundation**

The Annie E. Casey Foundation creates a brighter future for the nation's children by developing solutions to strengthen families, build paths to economic opportunity and transform struggling communities into safer and healthier places to live, work and grow. For more information, visit [www.aecf.org](http://www.aecf.org). KIDS COUNT® is a registered trademark of the Annie E. Casey Foundation.

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